

# MEDICAL RESOURCES



Before you move, contact the TRICARE office in the region you are leaving to see if you need to switch to a new region. Hawaii is part of the West region, and our current regional TRICARE provider is Health Net Federal Services (as of Jan 2021). Visit [www.TRICARE.mil](http://www.TRICARE.mil) for more information. You must update Defense Enrollment Eligibility Reporting System (DEERS) with your new address, so you do not have any disruptions in service and your enrollment moves with you. Contact information and more TRICARE moving tips are available online at [www.TRICARE.mil](http://www.TRICARE.mil). If you have any questions about DEERS, call (808) 433-9166 or (800) 527-5602. As an active-duty military service member arriving in Hawaii, your personnel office will ensure that you in-process through your service's medical Military Treatment Facility (MTF). Each primary care clinic offers orientation sessions for newcomers; spouses are encouraged to attend the orientation too. You will be assigned a Primary Care Manager (PCM) at your respective service clinic that will manage your health care. Eligible non-active-duty beneficiaries may enroll into TRICARE Prime at ANY Hawaii MTF that has capacity.

**Choose from the following locations:**

<a href="#">15th Medical Group (Air Force) Joint Base Pearl Harbor-Hickam</a>	(808)448-6000
<a href="#">Naval Health Clinic Kaneohe Bay</a>	(808)257-3365
<a href="#">Naval Health Clinic Makalapa</a>	(808)473-1880
<a href="#">Schofield Barracks Army Health Center</a>	(808)433-2778
<a href="#">Tripler Army Medical Center / Fort Shafter</a>	(808)433-2778
<a href="#">Warrior 'Ohana Medical Home / Kapolei</a>	(808)433-5401/5402

**Appointments:** More than 90% of all appointments can be scheduled online at [www.tricareonline.com](http://www.tricareonline.com).

**Emergency Services:** Dial 911 or report to Tripler Army Medical Center Emergency Room. For life-threatening emergencies, report to nearest Emergency Room.